



• Mount Edgcumbe Hospice • St Julia's Hospice •

*Caring for our community*

# **Bereavement Support Group**

**A free, monthly group for anyone who has experienced the recent loss of a loved one.**

A small rolling group in which participants can join for a number of weeks and leave when support is no longer needed. An opportunity to meet, chat, share experiences and find ways of coping.

Starting **Thursday 9<sup>th</sup> March 2023,**  
**Wednesday 5<sup>th</sup> April 1.30 – 2.30pm**  
thereafter, every second Thursday of the month

At our Neighbourhood Hub, beside the hospice shop on  
Chapel Street, Redruth TR15 2BY.

For more information call **01726 829874**  
or email  
**communityservices@cornwallhospice.co.uk**

**We're here for you**

**[www.cornwallhospicecare.co.uk/our-community-services/](http://www.cornwallhospicecare.co.uk/our-community-services/)**