

Supportmatch Homeshare

Affordable - Flexible Reliable live-in help

Supporting people at home to live independently

- Do you live alone?
- Do you have a spare room?
- Would you like help with practical tasks such as cooking, cleaning and shopping?
- Would you like the benefit of a friendly companion?

Cornwall Council have partnered with Supportmatch Homeshare and Cornwall Voluntary Sector Forum to provide the Homeshare Service to our communities.

The Homeshare Service is based on intergenerational living, and is about people helping each other and creating meaningful relationships.

Contact Supportmatch for more information on how to apply

w: www.supportmatch.co.uk
e: Info@supportmatch.co.uk

t: **02036 336 066**









Sylvia and Shivani's Story

Sylvia is an 81-year-old lady and her GP contacted Supportmatch Homeshare in May 2016. Dr M. wanted to know more about the service as he thought it might have been suitable for Sylvia. When asked to describe what Sylvia's needs were, Dr M. said: "She doesn't actually need anything, she needs a friend". Dr M. explained Sylvia was a lovely lady who still drove her car every time she had an appointment at the surgery. Sylvia was very friendly and was well known by all.

Sylvia had an estranged son who sadly had had no contact with her in the last 3 years. Sylvia felt very lonely and often her GP appointments were simply a way for her to talk to someone. Dr M. decided to speak to Sylvia about the Homeshare service after Sylvia visited the GP 3 times in one week. For reasons which were not very clear, she also looked quite depressed.

Sylvia seemed very enthusiastic about speaking with Supportmatch and after a first assessment with Sylvia, it was clear that what Sylvia needed was companionship.



Shivani is a 35-year-old retail worker with no family in the UK. She felt lonely herself, so she sought some help from Supportmatch. Supportmatch introduced Sylvia to Shivani, and they seemed to have a great connection from the very first meeting which lasted 4 hours and ended with Sylvia cooking a lovely dinner for Shivani.

Shivani liked Sylvia very much and felt she would feel at home in Sylvia's house. Shivani was also grateful to have a beautiful room with plenty of space which wasn't costing her a fortune. They both had no hesitation in moving forward with the arrangement and decided a move in date for Shivani a week later.

After 3 months, Dr M. called to let Supportmatch know he hadn't received a call or a request for an appointment from Sylvia since they matched her with Shivani. He mentioned he had just spoken to Sylvia because he was concerned he hadn't seen her for so long. He was delighted to hear she was well and sounded very happy.



Shivani lived with Sylvia for almost 3 years. During this time Shivani became engaged to David, a lovely colleague she met at work. Sylvia met David many times, as often he was invited for dinner. Shivani and David married in 2019. Sylvia flew overseas for the wedding.